



ESSENTIAL
HEALTH & REJUVENATION SPA

Essential Treatments For The Mind, Body & Soul

Relaxing Package

120 min

The combination of refreshing massage with deep exfoliating using Scrub and Body Mask treatment

single
450K

couple
850K

Essential Package

120 min

The combination of refreshing massage with deep exfoliating using Scrub and traditional facial treatments

single
500K

couple
950K

Blissful Package

150 min

The combination of refreshing massage with deep exfoliating using Scrub, body mask, and traditional facial treatments

single
650K

couple
1250K

Rejuvenating Package

180 min

The combination of refreshing massage with deep exfoliating using Scrub, body mask, traditional facial treatments and Ear Candle massage

single
800K

couple
1500K

Kids Pamper Package

90 min

Indulge your child in a delightful spa experience with our Kids Pamper Package. This package includes a Kids Massage, a Chocolate Body Mask, and a Chocolate Face Mask

90min
375K

SCAN TO BOOK



“Essential Health & Rejuvenation Spa not only brings you a world of luxurious therapeutic treatments, but like no other, gives your body, mind and soul the gift of healing, health, and rejuvenation through carefully infused and curated spa products that take inspiration from the centuries of well-being tradition, so that you feel better, healthier for longer.



Ear Candle

30min
75K

Facial by Essential

Essential's Facial beauty treatment is certainly one of our most popular treatments for our regular customer.

45min
200K

Back Massage

A massage specifically focused on your back, neck, and shoulder. Release tension in your back and improve the joint function.

30min
150K

Foot Massage

A massage that focused on legs to feet area for restore muscle flexibility, fatigue and helps rebalance the body.

30min 60min
150K 200K

*medium pressure

Relaxation Massage

Signature Relaxation Massage uses essential oil to help you relax, unwind, boost your mood and rebalance your body

60min 90min 120min
200K 300K 400K

*soft pressure

Rejuvenation Massage

Using Signature Moringa oil infused with pure essential oil to help to calm you restless mind, whilst revitalizing sore and stiff muscles

60min 90min 120min
250K 375K 500K

*medium pressure

Deep Healing Massage

This powerful healing and energizing massage uses pressure point, to release deep muscle tension, stimulating the body's system

60min 90min 120min
250K 375K 500K

*strong pressure

Soothing Stone Massage

Experience the ultimate relaxation with our Soothing Stone Massage. This deeply calming treatment uses heated stones to melt away tension and stress from your body

60min 90min 120min
250K 375K 500K

Pregnancy Massage (4-7 Months)

Expectant mothers deserve a moment of tranquility during their pregnancy journey. Our Pregnancy Massage is tailored to provide relaxation and relief during the 4th to 7th months of pregnancy.

60min
250K

Sun Burn Treatment

Using quick absorb essential oil rich vitamin c and Aloe Vera, not only aids in rehydrating the skin but also repair sun damaged skin

60min 90min 120min
250K 375K 500K

*medium pressure

Body Scrub Massage

The combination of refreshing massage with deep exfoliating treatment using signature scrub that's rich in natural oils leaving skin smooth, moisturized and glowing

90min 120min
375K 500K

*medium pressure

Kids Massage (5-13 Year)

Treat your children to special massage designed just for them. Our Kids massage is perfect for children aged 5 to 13 years old, offering a gentle touch to ease tiredness and tension.

45min
180K

**Price are exclusive of 10% tax.*