

Essential Treatments For The Mind, Body & Soul

Relaxing Package

120 min

The combination of refreshing massage with deep exfoliating using Scrub, body mask treatments.

Single
450K

Couple
850K

Essential Package

120 min

The combination of refreshing massage with deep exfoliating using scrub and traditional facial treatments.

Single
500K

Couple
950K

Blissfull Package

150 min

The combination of refreshing massage with deep exfoliating using Scrub, body mask, and traditional facial treatments.

Single
650K

Couple
1250K

Rejuvenating Package

180 min

The combination of refreshing massage with deep exfoliating using Scrub, body mask, and traditional facial treatments and Ear Candle massage.

Single
800K

Couple
1500K

Sacred Stone Ritual

240 min

Indulge in a deeply restorative journey designed to heal, rejuvenate, and uplift. This sacred ritual combines the soothing warmth of a stone massage, a nourishing body mask, a rejuvenating Gua Sha facial, a tension-relieving head, neck, and shoulder massage, and the calming therapy of an ear candle.

Single
1000K

Couple
1900K

Kids Pamper Package

90 min

Indulge your child in a delightful spa experience with our Kids Pamper Package. This package includes a Kids Massage, a Chocolate Body Mask, and Chocolate Face Mask.

Single
375K

“ Essential Health & Rejuvenation Spa not only brings you a world of luxurious therapeutic treatments, but like no other, gives your body, mind and soul the gift of healing, health, and rejuvenation through carefully infused and curated spa products that take inspiration from the centuries of well-being tradition, so that you feel better, healthier for longer ”

SCAN TO BOOK



Ear Energy & Cleanse

Begins with a gentle neck, shoulder, and ear massage, followed by ear candling to clear impurities and LED stick cleansing. Finishes with a soft touch from a synthetic feather for a soothing experience.

45min
150K

Facial by Essential

Essential's Facial beauty treatment is certainly one of our most popular treatments for our regular customers.

45min
200K

Gua Sha Facial

This treatment deeply cleanses and refreshes your skin with exfoliation, followed by a relaxing Gua Sha massage to boost circulation and ease tension. It ends with a nourishing face mask for a smooth, radiant glow.

60min
250K

Back Massage

A massage specifically focused on your back, neck, and shoulder. Release tension in your back and improve the joint function.

30min
150K

Head, Neck and Shoulder Massage

Relax and release tension with our soothing massage focused on the head, neck, and shoulders. Perfect for relieving stress, easing muscle stiffness, and restoring a sense of calm and balance.

30min
200K

Foot Massage

A massage that focuses on the legs to feet area to restore muscle flexibility, fatigue and helps rebalance the body.

30min
150K

45min
175K

60min
200K

Foot Scrub Massage

Refresh tired feet with a gentle scrub to smooth and soften the skin, followed by a relaxing foot massage to ease tension and restore lightness to your step.

60min
250K

Relaxation Massage

Signature Relaxation Massage uses essential oil to help you relax, unwind, boost your mood and rebalance your body.

60min
250K

90min
350K

120min
450K

Aromatherapy Massage

Combines gentle massage techniques with warm essential oils to relax the body, reduce stress, and improve well-being. The soothing scents enhance relaxation and promote a sense of calm.

60min
275K

90min
400K

120min
500K

Rejuvenation Massage

Using Signature Moringa oil infused with pure essential oil to help to calm you restless mind, whilst revitalizing sore and stiff muscles.

60min
275K

90min
400K

120min
500K

Deep Healing Massage

This powerful healing and energizing massage uses pressure points to release deep muscle tension, stimulating the body's system.

60min
300K

90min
425K

120min
525K

Harmony Four Hands Escape

Two expert therapists work in perfect harmony, using synchronized movements to create a deeply immersive massage experience. This luxurious treatment maximizes relaxation and releases tension faster.

60min
500K

90min
700K

Soothing Stone Massage

Experience the ultimate relaxation with our Soothing Stone Massage. This deeply calming treatment uses heated stones to melt away tension and stress from your body.

60min
300K

90min
425K

120min
525K

Pregnancy Massage (4-7 Months)

Expectant mothers deserve a moment of tranquility during their pregnancy journey. Our Pregnancy Massage is tailored to provide relaxation and relief during the 4th to 7th months of pregnancy.

60min
250K

90min
375K

SunBurn Treatment

Using quick absorb essential oil rich vitamin C and Aloe Vera, not only aids in rehydrating the skin but also repair sun damaged skin.

60min
250K

90min
375K

120min
500K

Body Scrub Massage

The combination of refreshing massage with deep exfoliating treatment using signature scrub that's rich in natural oils leaving skin smooth, moisturized and glowing.

90min
375K

120min
500K

Kids Massage (5-13 Year)

Treat your children to special massage designed just for them. Our Kids massage is prefect for children aged 5 to 13 years old, offering a gentle touch to ease tiredness and tension.

60min
220K

90min
250K

*Price are exclusive of 10% tax